



Join us for a discussion about

Women and Their Joints

Learn about prevention, treatment options and the latest trends in women's orthopaedic care from our panel of experts at this free seminar.

Thursday, June 18th

**Screenings begin at 6:00 pm
Seminar 7:00 pm - 9:00 pm**

Memorial Regional Medical Center
Medical Office Building I
8260 Atlee Road, Mechanicsville

Guest Speakers

Brenda Armenti-Kapros, MD
Hanover Endocrinology Associates

Carl Weiss, MD
West End Orthopaedic Clinic

R. Douglas Wills, MD
West End Orthopaedic Clinic

Sheltering Arms Physical Therapist
a discussion about exercise
and rehabilitation

Wednesday, June 24th

**Screenings begin at 6:00 pm
Seminar 7:00 pm - 9:00 pm**

St. Francis Medical Center
Main Lobby
13710 St. Francis Boulevard, Midlothian

Guest Speakers

Manjit Dhillon, MD
Colonial Orthopaedics

Hillary Hawkins, MD
Sheltering Arms

Paul Kiritsis, MD
West End Orthopaedic Clinic

J. William Van Manen, MD
The Foot and Ankle Center,
Advanced Orthopaedic Centers

Richard Worland, MD
The Joint Replacement Center,
Advanced Orthopaedic Centers

Free Screenings & Assessments:

- Osteoporosis
- Posture
- Strength
- Balance
- Flexibility
- Nutrition

Assessments provided by Sheltering Arms

Refreshments, Door prizes & more!

Limited seating; registration is required.

Visit www.bonsecoursforwomen.com or call **545-1234** to register.



BON SECOURS FOR WOMEN



BON SECOURS ORTHOPAEDIC INSTITUTE